

4. Ostseecross 2022



5 km Lauf am 08.05.2022

Ergebnisliste

Rang	R-M	R-W	Snr	Name	Verein	AK	Jg	R-AK	Zwischenzeiten			Endzeit	Rückstand
									Anfang Berg	Bergwertung	Ziel		
1	1		1	Max Matschke	VfL Spremberg	MJ U18	2005	1	00:16:20.1	00:01:54.6	00:02:12.7	00:20:27.4	00:00:00.0
2	2		64	Ronny Neugebauer	SPORT FREIGANG	M20	1995	1	00:17:05.3	00:01:59.3	00:02:22.6	00:21:27.2	00:00:59.8
3	3		39	Marvin Valder	ESV LOK RAW COTTBUS	M20	1999	2	00:17:14.4	00:02:09.6	00:02:21.8	00:21:45.8	00:01:18.4
4	4		58	Kay Duschka	SV Wacker Komptendorf	M55	1966	1	00:17:58.1	00:02:11.6	00:02:31.5	00:22:41.2	00:02:13.8
5	5		54	Alexander Putz		M45	1977	1	00:18:00.5	00:02:19.2	00:02:39.0	00:22:58.7	00:02:31.3
6		1	35	Manuela Lenk	Spremberg FLG	W60	1960	1	00:18:14.2	00:02:21.8	00:02:37.5	00:23:13.5	00:02:46.1
7	6		34	Kristian Platta	LS EVH High Potentials	M30	1991	1	00:19:23.2	00:02:10.6	00:02:31.7	00:24:05.5	00:03:38.1
8	7		51	Johannes Noack	SV Döbern	MJ U18	2006	2	00:19:35.1	00:02:23.9	00:02:51.4	00:24:50.4	00:04:23.0
9	8		13	Sebastian Putz	Juppe Sana Herzzentrum C	M35	1983	1	00:19:33.6	00:02:38.8	00:02:49.9	00:25:02.3	00:04:34.9
10	9		29	Ronny Näther	unning Team Zimmermar	M40	1979	1	00:19:46.3	00:02:42.2	00:02:42.3	00:25:10.8	00:04:43.4
11	10		63	Dirk Horn	Skiclub Cottbus	M40	1982	2	00:20:06.6	00:02:19.3	00:02:51.5	00:25:17.4	00:04:50.0
12	11		37	Maik Jeschke		M45	1976	2	00:20:07.5	00:02:34.2	00:02:53.0	00:25:34.7	00:05:07.3
13		2	40	Ivett Bernhard	SV Döbern	W50	1971	1	00:20:38.4	00:02:27.3	00:02:48.8	00:25:54.5	00:05:27.1
14	12		55	Paprosch Helmut	Jänschwalde	M65	1955	1	00:20:47.1	00:02:34.1	00:02:56.5	00:26:17.7	00:05:50.3
15	13		56	Paprosch Stefan	Kolkwitz	M40	1981	3	00:20:46.4	00:01:42.8	00:03:50.0	00:26:19.2	00:05:51.8
16		3	17	Yvonne Kott		W45	1977	1	00:20:28.6	00:03:02.4	00:02:49.1	00:26:20.1	00:05:52.7
17	14		20	Maurice Döhler	LTSV Forst 1990 e.V.	MJ U16	2007	1	00:21:07.4	00:03:04.2	00:02:38.8	00:26:50.4	00:06:23.0
18	15		26	Jayden Reimann	SV Motor Saspow	MJ U16	2007	2	00:21:41.2	00:02:28.3	00:02:45.8	00:26:55.3	00:06:27.9
19	16		59	Eckhard Heiden	SV Wacker Komptendorf	M75	1945	1	00:21:32.7	00:02:35.4	00:03:00.3	00:27:08.4	00:06:41.0
20		4	48	Birgit Böhme	Dresden	W55	1964	1	00:21:37.5	00:02:49.0	00:03:00.2	00:27:26.7	00:06:59.3
21	17		52	Philipp Krätsch	SV Döbern	M20	2002	3	00:21:41.3	00:02:54.4	00:03:01.4	00:27:37.1	00:07:09.7
22		5	42	Jasmin Sakolowski	SV Döbern	WJ U18	2005	1	00:22:00.6	00:02:43.2	00:03:16.2	00:28:00.0	00:07:32.6
23	18		61	Sven Keuchler	SPORT-FREIGANG	M50	1972	1	00:22:02.6	00:02:43.6	00:03:14.6	00:28:00.8	00:07:33.4
24		6	15	Gritt Stenzel	SV Motor Saspow	W50	1968	2	00:22:24.0	00:02:43.4	00:02:58.5	00:28:05.9	00:07:38.5
25		7	47	Karin Thomas		W35	1986	1	00:22:26.3	00:02:48.4	00:03:02.9	00:28:17.6	00:07:50.2
26		8	24	Gerda Pietrucha	LTSV Forst 1990 e.V.	W65	1953	1	00:22:28.9	00:02:58.8	00:03:15.1	00:28:42.8	00:08:15.4
27		9	49	Carola Haaken	Skiclub Cottbus	W40	1980	1	00:22:51.0	00:02:51.5	00:03:08.5	00:28:51.0	00:08:23.6

28	10	27	Anne Baron	FLB Cottbus	W30	1989	1	00:23:05.0	00:02:54.5	00:03:06.5	00:29:06.0	00:08:38.6
29	11	60	Dorothe Birghan	SPORT-FREIGANG	WJ U14	2009	1	00:23:37.8	00:02:47.5	00:02:44.8	00:29:10.1	00:08:42.7
30	12	8	Claudia Hoffmann	LC Cottbus	W45	1976	2	00:23:07.0	00:03:04.8	00:03:20.8	00:29:32.6	00:09:05.2
31	13	30	Daniela Wetzke	inning Team Zimmerman	W50	1971	3	00:23:10.4	00:03:13.8	00:03:21.7	00:29:45.9	00:09:18.5
32	19	3	Gerd Koal	NLLB Cottbus	M70	1952	1	00:23:46.0	00:03:13.9	00:03:18.9	00:30:18.8	00:09:51.4
33	14	4	Ingrid Koal	NLLB Cottbus	W70	1949	1	00:23:58.2	00:03:13.9	00:03:20.2	00:30:32.3	00:10:04.9
34	20	41	Frank Bernhard	SV Döbern	M50	1969	2	00:23:55.4	00:03:08.0	00:03:35.6	00:30:39.0	00:10:11.6
35	15	16	Peggy Kühnel	LTSV 1990 Forst (Lausitz)	W50	1971	4	00:24:15.2	00:03:13.7	00:03:21.8	00:30:50.7	00:10:23.3
36	16	22	Ingrid Förster	LTSV Forst 1990 e.V.	W60	1958	2	00:24:27.8	00:03:15.9	00:03:18.1	00:31:01.8	00:10:34.4
37	17	62	Gabi Mucha	Cottbus	W55	1963	2	00:24:50.7	00:03:14.4	00:03:25.5	00:31:30.6	00:11:03.2
38	21	31	Reiner Rademann	enftenberger Laufgemein:	M70	1948	2	00:25:08.9	00:03:13.3	00:03:29.1	00:31:51.3	00:11:23.9
39	18	38	Melanie Worlitz		W40	1981	2	00:26:01.2	00:03:02.0	00:03:20.9	00:32:24.1	00:11:56.7
40	22	12	Siegfried Putz	uppe Sana Herzzentrum C	M70	1951	3	00:25:19.5	00:03:45.1	00:03:19.7	00:32:24.3	00:11:56.9
41	19	53	Gudrun Henschke	LTSV Forst 1990 e.V.	W65	1955	2	00:25:29.1	00:03:40.7	00:03:17.1	00:32:26.9	00:11:59.5
42	20	50	Lisa Kremling	Bad Bayersoien	W60	1962	3	00:26:02.3	00:03:12.3	00:03:20.0	00:32:34.6	00:12:07.2
43	23	33	Klaus-Stefan Krüger	1SV TRIPOINT Frankfurt(C	M70	1950	4	00:26:08.1	00:03:26.0	00:03:24.6	00:32:58.7	00:12:31.3
44	24	10	Milo Winzer	SV Motor Saspow	MJ U14	2009	1	00:26:32.9	00:02:54.6	00:03:34.1	00:33:01.6	00:12:34.2
45	25	43	Ulrich Standtke	Lauftreff Lausitz	M75	1946	2	00:26:04.5	00:03:43.9	00:03:17.3	00:33:05.7	00:12:38.3
46	26	25	Günter Pietrucha	LTSV Forst 1990 e.V.	M70	1952	5	00:26:29.8	00:03:19.6	00:03:38.4	00:33:27.8	00:13:00.4
47	21	32	Sigrid Krüger	1SV TRIPOINT Frankfurt(C	W70	1950	2	00:26:27.6	00:03:30.9	00:03:32.7	00:33:31.2	00:13:03.8
48	27	21	Wolfgang Gasch	LTSV Forst 1990 e.V.	M75	1947	3	00:26:37.7	00:03:32.8	00:03:33.4	00:33:43.9	00:13:16.5
49	22	36	Daniela Hanisch	LC Cottbus	W45	1976	3	00:27:06.4	00:03:28.7	00:03:33.9	00:34:09.0	00:13:41.6
50	23	9	Petra Majunke	LC Cottbus	W60	1960	4	00:27:07.5	00:03:28.3	00:03:33.8	00:34:09.6	00:13:42.2
51	24	19	Manuela Döhler	LTSV Forst 1990 e.V.	W50	1971	5	00:27:40.6	00:03:15.4	00:03:46.5	00:34:42.5	00:14:15.1
52	25	14	Anne-Kathrin Ernst	LSV Niesky	W55	1963	3	00:27:43.2	00:03:53.4	00:03:37.1	00:35:13.7	00:14:46.3
53	26	18	Hannelore Nippe	LTSV Forst 1990 e.V.	W70	1952	3	00:28:04.9	00:03:54.7	00:04:09.3	00:36:08.9	00:15:41.5
54	27	11	Mara Winzer	SV Motor Saspow	WK U12	2012	1	00:30:39.3	00:03:15.1	00:03:40.0	00:37:34.4	00:17:07.0
55	28	23	Christa Zimmermann	LTSV Forst 1990 e.V.	W65	1957	3	00:32:28.2	00:04:32.2	00:04:31.9	00:41:32.3	00:21:04.9
56	29	45	Angela Grüneberg	Lauftreff Lausitz	W60	1960	5	00:33:48.1	00:04:20.7	00:04:17.4	00:42:26.2	00:21:58.8
57	28	44	Stefan Mandrossa	Lauftreff Lausitz	M35	1985	2	00:35:34.4	00:04:25.2	00:05:37.9	00:45:37.5	00:25:10.1
58	29	6	Dietmar Weiß	Cottbus	M60	1958	1	00:36:24.5	00:05:06.5	00:05:39.0	00:47:10.0	00:26:42.6
59	30	5	Hans-Joachim List	Ruhland	M70	1949	6	01:04:29.0	00:04:02.1	00:04:49.9	01:13:21.0	00:52:53.6